Circus workshop

On Wednesday Room 10 walked to the hall excitedly. We were jumping up and down as we walked in.

The instructors stood out a mile away, George had an orange curly moustache, a sleeveless coat and baggy pants. Lil George’s lovely assistant had orange brownish hair and a beautiful smile. She wore a purple and yellow leotard and tights

We sat in front of them George intently gazing at Georges crazy moustache. He told us to walk around the room and to turn around often. He told us not to follow anyone and to walk casually. Next he told us to join body parts in strange places like elbows and toes.

We got split into two groups; 0ne going off with Lil and the other went with George.

I Was in Lil’s group .We went over to the mats and started chatting to each other. We then sat down and Lil told us we would be learning how to balancing, leaning and stretching with other people.

I was chosen to demonstrate with lil. She told me to wrap my hands around her wrist and lean back on all of my weight. For a few seconds we stayed there and then we let go. Then we tried it with partners, my partner was Hope. Next we moved on to leaning with one hand and some other things. After that she showed us the bunk bed, we had to lie and then our partner had to hold onto our ankles. Slowly, one foot at a time, we held onto our partners ankles and pushed up!

Later on we swapped groups. In George’s group he said we would be learning how to fall, slap and react to fake fights. First we started off by practising falling safely but looking real. Then we got into partners; I was with Hope again. We were told to fake slap each other. To do this I had to slap my own leg and move my hand through the air, close to Hopes face but not touching it. If you could do this fast enough then it looked real. We had lots of fun doing this and after that we did some more things such as: pulling a pretend rope and pulling things out of a bag ECT.

It was a really good day and I hope we can do it again. I particularly liked pretending to slap each other in Georges grop!☺